



VA California Offices on Caregiving
together with
Southern Caregiver Resource Center 
Support Family and Informal Caregivers

TELEPHONE SUPPORT GROUP
for
CAREGIVERS OF VETERANS WITH TRAUMATIC BRAIN INJURY

VA California Offices on Caregiving and Southern Caregiver Resource Center invite you to join our Telephone Support Group from the comfort of your home or office. Learn about strategies for effectively coping with the role of providing care to Veterans with Traumatic Brain Injury.

When: Second Thursday of each month

Time: 10 to 11:00 AM

**Facilitators: Andrea Cangiano, LCSW & Marianna Randolph, LCSW
Family Consultants at Southern Caregiver Resource Center**

***There is no fee to participate in this group**

Southern California: This Telephone Support Group is open to caregivers residing in the following counties: Fresno, Imperial, Inyo, Kern, Kings, Los Angeles, Madera, Mariposa, Merced, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Stanislaus, Tulare, Tuolumne, Ventura.

Northern California: A separate Telephone Support Group is available for caregivers living in the northern half of the state. Please contact Mountain Caregiver Resource Center at (800) 995-0878.

To register please contact:

**Southern Caregiver Resource Center
800-827-1008 or email: scrc@caregivercenter.org**

For more information about:

**VA California Offices on Caregiving
Call - Toll-Free 877-820-8820**